

September

Bucher out

TH
(offense)

16
Practice

- Warm-up (:12) [6:00pm]
- Game Recap - Offense (:05) [6:12pm]
- Position Drills (:14 - :06 ½ ea.) [6:17pm]
 - Lineman (2 groups, rotate)
 - [Continuous Set](#)
[McCafferty, Canisalez]
 - [Blocking Battle](#)
[Trucco, Mills]
 - Break (:04) [6:31pm]
 - Specialty (:20) [6:35pm]
 - Backs/Receivers – **Install Offense** [Gruber, Longmore]
 - Lineman [McCafferty, Trucco, Canisalez, Mills]
 - **Run/Pass Protection – 7v7**
 - Receivers [Morgan]
 - **Routes / Footwork**
 - Break (:05) [6:55pm]
 - Team Scrimmage (:30) [7:00pm]
 - LIVE – Full Tackling
 - Punt/Return (:05) [7:25pm]
 - End Practice [7:30pm]
 - Backs [Gruber, Longmore]
 - [Blast Drill](#)
 - [Open Blocking](#) (RB pass blocking)
 - Receivers [Morgan]
 - [WR Figure 8](#)
 - [Close Contact Blocking](#)
(WR Blocking)

Equipment needed:

- Cones
- Shields (6)