

October

T
(Offense)

19
Practice

- Game Recap/Playoff Week 1 (:05) [6:00pm]
- Warm-up (:10) [6:05pm]
- Position Drills/Specialty (:15 - :07 ea.) [6:15pm]
 - Lineman (2 groups, rotate)
 - [Continuous Set](#) [McCafferty, Mills?]
 - [Blocking Battle](#) [Canisalez, Trucco]
 - Break (:05) [6:30pm]
 - Specialty (:22) [6:35pm]
 - Backs – **Install Offense** [Gruber, Longmore]
 - Receivers – **Fundamentals** [Morgan]
 - Lineman/Tight Ends [McCafferty, Trucco, Canisalez, Mills?]
 - **7v7**
 - Break (:03) [6:57pm]
 - Team Scrimmage (:30) [7:00pm]
 - LIVE – Full Tackling
 - Punt/Return (:05)
 - End Practice [7:30pm]
 - Backs [Gruber, Longmore]
 - **Install Offense**
 - Receivers [Morgan]
 - [Passing Routes](#)
 - [Close Contact Blocking](#)

- Bucher out
- Mills out ?

Equipment needed:

- Cones
- Shields (3)