

August

Mlynek out

T

30

Practice

- Warm-up (:10) [6:00pm]
- Specialty/Position Groups (:20) (6:10pm)
 - Lineman – **Skills Drills** [Trucco, Bucher]
 - Backs/Receivers/TEs – **Install Offense** [Gruber, Longmore, Morgan]
- Break (:05) [6:30pm]
- Specialty (:25) [6:35pm]
 - Backs/Receivers/TEs – **Install Offense** [Gruber, Longmore, Morgan]
 - Lineman– **Pass-Run Blocking / communication** [Trucco, Bucher]
- Break (:05) [7:00pm]
- Team Offense (:25) [7:05pm]
- End Practice [7:30pm]