

September

Gruber out
Mlynek out

TH

15

Practice

- Warm-up (:10) [6:00pm]
- Tackling (:20) (6:10pm)
 - Group 1 (Trucco, Bucher)
 - Group 2 (Morgan)
 - Group 3 (Longmore)
- Break (:05) [6:30pm]
- Specialty [Position Groups] (:20) [6:35pm]
 - DL+DE+LB – [Run Defense](#) (Trucco, Longmore, Bucher)
 - DBs – [Skills](#) (Morgan)
- Break (:05) [6:55m]
- Team Defense (:20) [7:00pm]
 - Schemes / Assignments
- Special Teams (:10) [7:20pm]
 - (Main Field) Punt-Return
- End Practice [7:30pm]