

# October

Bucher out  
Mlynek out

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04

## Practice

- Stretch & Warm-up (:10) [5:30pm]
- Skills Drills [Position Groups] (:20) (5:40pm)
  - Backs - [Gruber, Longmore, Morgan]
  - Linemen – [Trucco]
- Break (:05) [6:00pm]
- Specialty [Position Groups] (:25) [6:05pm]
  - Backs/Receivers – **Install Offense** [Gruber, Longmore, Morgan]
  - Linemen/Tight Ends – **Blocking /Schemes** [Trucco]
- Break (:05) [6:30pm]
- Team Offense (:25) [6:35pm]
- End Practice [7:00pm]